

# CAR Y PHOOSSE

Longways for any number of couples. Originally danced at weddings. Progressive. Collected by Mona Douglas.

♩. = 132

	Music	Movements
A Bars	1-4	First man and second woman, R hands on hips and L hands raised, go round each other facing all the way (as in an English Gipsy movement), in running step, passing by the right.
	5-8	Changing to L hands on hips and R hands raised, they repeat the movement, passing by the left. During the whole of these 8 bars, first woman and second man dance: Balance right (bar 1), balance left (bar 2) pivot spin to right (bars 3-4), and repeat.
	9-16	As in A1, but with first woman and second man dancing round each other while first man and second woman balance and spin.
B Bars	1-4	First man takes his partner's R hand in his right hand and places his L arm across her shoulders. First woman clasps partner's L hand in her own L hand on her L shoulder, and in this position they lead down centre in four slow walking steps, the woman turning in under the man's raised arm on the last step so that their hands are crossed.
	5-8	First couple dance back up centre in reel step, and cast round second couples, who move up.
C Bars	1-8	Manx waltz all couples in progressed positions.